

Cold, quantum, turbulent: disorder near absolute zero

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Three strands:

- **Quantum**
- **Cold**
- **Turbulent**

which come together in the study of **quantum turbulence**

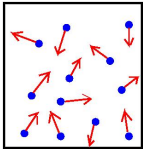


EXPERIENCE TÉLÉGRAPHIQUE FAITE PAR AMONTONS EN 1680, AU JARDIN DU LUXEMBOURG, A PARIS.

Guillaume Amontons (1663-1705)



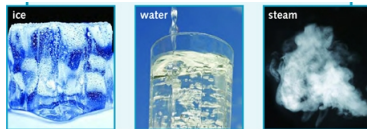
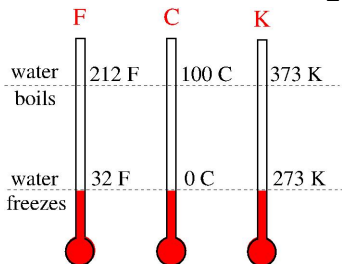
Daniel Bernoulli
(1700-1782)



- Amontons measured ΔP induced by ΔT in a gas. P cannot become negative - he argued - hence there exists a minimum T or **absolute zero** estimated at -240°C
- Daniel Bernoulli had a similar idea based on the existence of atoms (absolute zero = no motion)

The idea was put aside when **Lavoisier's caloric theory** was popular, but came back in the mid XIX century.

- Temperature scales: Daniel Fahrenheit (1686-1736)
Anders Celsius (1701-1744)
Lord Kelvin (1824-1907)



Warming: solid \rightarrow liquid \rightarrow gas
Cooling: gas \rightarrow liquid \rightarrow solid

- Mid-late XIX century: race to liquify gases and approach absolute zero (0 K)
- The lower the temperature, the less the thermal disorder, the more apparent the fundamental properties of matter

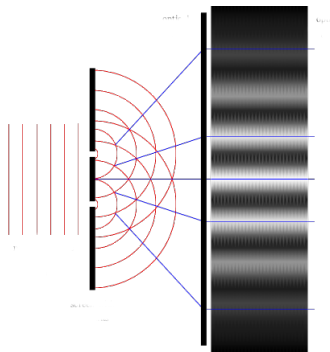
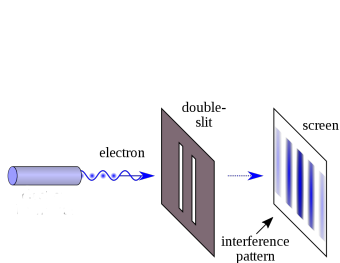
Cold

273.15 K	Water freezes (0 °C)
184 K	Antarctica lowest (−89 °C)
77 K	Nitrogen becomes liquid
63 K	Nitrogen becomes solid
20 K	Hydrogen becomes liquid
14 K	Hydrogen becomes solid
4.2 K	Helium becomes liquid
4.1 K	Mercury becomes superconductor
2.725 K	Cosmic microwave background radiation
2.1768 K	Liquid helium (^4He) becomes superfluid
10^{-3} K	Rare isotope liquid ^3He becomes superfluid
10^{-6} K	Bose-Einstein condensation in atomic gases
...	
0 K	Absolute zero (−273.15 °C)

- Quantum mechanics deals with **microscopic** objects (atoms, electrons, quarks ...)

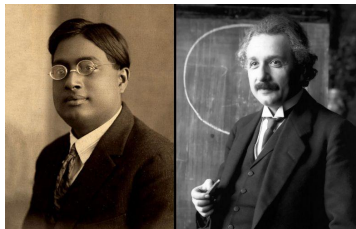
- **Particle-wave duality:**

Particle of mass m , velocity v is a wave of wavelength $\lambda = \frac{h}{mv}$
(h = Planck's constant)

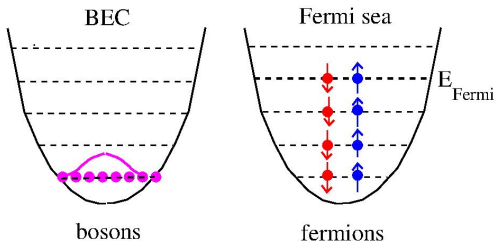


Cold + Quantum

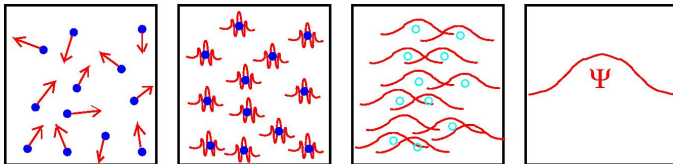
- **Quantum mechanics:** Atom with mass m and velocity v has de Broglie wavelength $\lambda = h/(mv)$
- **Thermodynamics:** Average kinetic energy is $mv^2/2 \approx k_B T$ hence $\lambda \sim T^{-1/2}$
- What happens if $T \rightarrow 0$? This is particularly relevant for **bosons** (integer spin) which, unlike **fermions** (half-integer spin), are not prevented by Pauli's principle from occupying the same state



Satyendra Nath Bose and
Albert Einstein, 1924

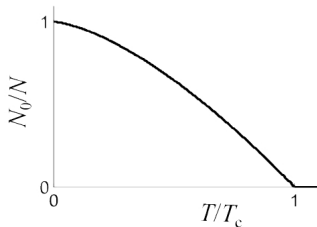


Compare λ (de Broglie wavelength) and d (average distance between atoms in the gas): as T decreases, λ increases



When $\lambda \approx d$ a **Bose-Einstein Condensate (BEC)** arises, governed by a **macroscopic** wavefunction Ψ

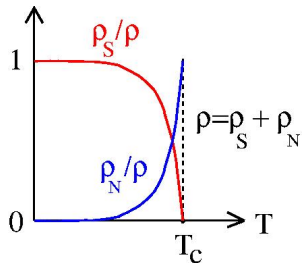
- **Superconductivity:** current flows without resistance (1911)
- **Superfluidity:** fluid flows without viscosity
liquid helium ^4He (1938) and ^3He (1972),
cold atomic gases (1995), neutron stars, etc



ideal gas:

(Bose & Einstein 1924)

$$N_0/N = 1 - (T/T_c)^{3/2}$$



Liquid helium:
superfluid and normal fluid
fractions

At nonzero T :

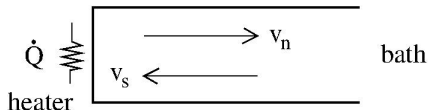
Atomic BECs: dilute ballistic **thermal gas**

Helium: thermal excitations make up the **normal fluid**
(**two-fluid model** of Landau & Tisza)

Component	Density	Velocity	Entropy	Viscosity
Normal fluid	ρ_n	\mathbf{v}_n	S	η
Superfluid	ρ_s	\mathbf{v}_s	0	0

where $\rho = \rho_n + \rho_s$

- second sound
- thermal counterflow



Cold + Quantum

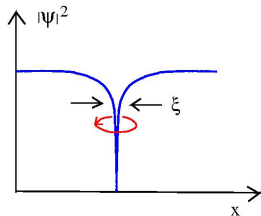
Let $\Psi(\mathbf{r}, t) = \sqrt{n(\mathbf{r}, t)}e^{i\phi(\mathbf{r}, t)}$

- Number density $n = |\Psi|^2$, Velocity $\mathbf{v} = (\hbar/m)\nabla\phi$

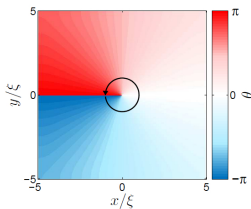
- Circulation

$$\oint_C \mathbf{v} \cdot d\mathbf{r} = n \frac{h}{m} = n\kappa \quad (n > 1 \text{ unstable})$$

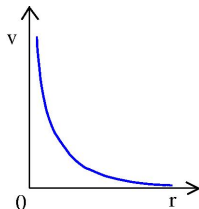
- A **quantum vortex** is a hole ($n \rightarrow 0$ as $r \rightarrow 0$) around which the phase changes by 2π , hence $v = \kappa/(2\pi r)$



Density profile

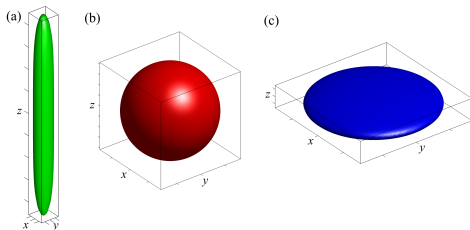


Phase



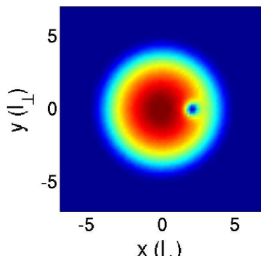
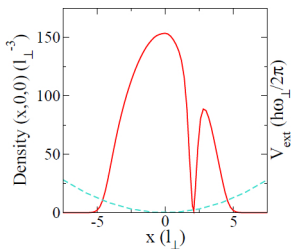
Velocity

Cold + Quantum

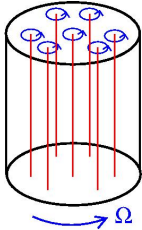


Atomic condensates are small clouds of gases trapped into arbitrary shape of non-uniform density.

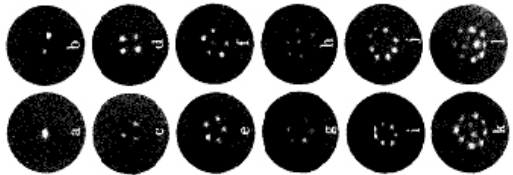
BECs without (above) and with (below) a quantum vortex



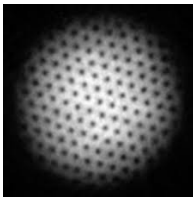
Cold + Quantum



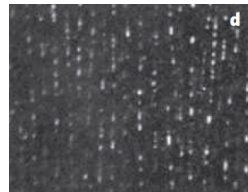
Vortex lattice
 $n = 2\Omega/\kappa$



Yarmchuck & *al* 1979



Abo Shaer & *al* 2001

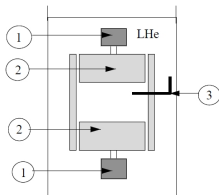


Bewley & *al* 2006

Cold + quantum + turbulent = quantum turbulence

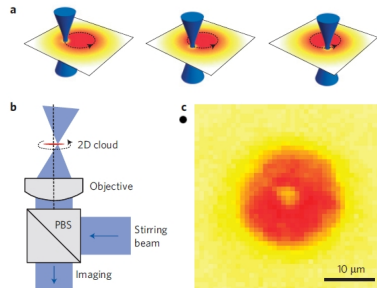
Quantum turbulence is easily excited:

- in helium, by thermal or mechanical stirring (propellers, grids, forks, wires), injecting vortex rings, etc
- in atomic condensates, by laser stirring, shaking the trap, vortex phase imprinting, thermal quench, etc



Mauerer & Tabeling 1998

- (1) motor; (2) propellers;
(3) probe



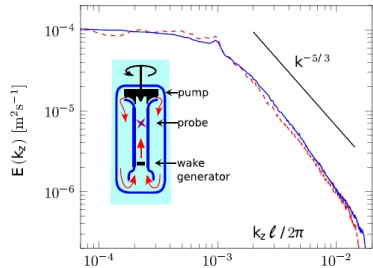
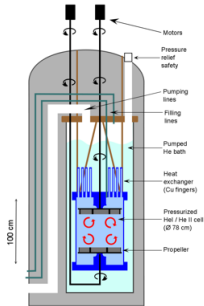
Desbuquois & al 2012

Quantum turbulence: experiments

Energy spectrum $E(k)$: distribution of kinetic energy over the length scales $2\pi/k$

$$E = \frac{1}{V} \int_V \frac{\mathbf{v}^2}{2} dV = \int_0^\infty E(k) dk,$$

$$E(k) \sim k^{-5/3}$$



as in classical turbulence
Salort & al 2012

SHREK (Grenoble)

The Gross-Pitaevskii equation

The GPE is:

- a quantitative model of atomic BECs at low temperatures,
- a qualitative model of helium

$$i\hbar \frac{\partial \Psi}{\partial t} = -\frac{\hbar^2}{2m} \nabla^2 \Psi + g|\Psi|^2 \Psi + V(\mathbf{r}, t) \Psi$$

$$\int |\Psi(\mathbf{r}, t)|^2 d^3\mathbf{r} = N$$

$\Psi(\mathbf{r}, t)$ = complex wavefunction

$V(\mathbf{r}, t)$ = trapping potential (for atomic BECs)

g = strength of interactions

N = number of atoms

m = atomic mass

Fluid dynamics interpretation of the GPE

Let $\psi(\mathbf{r}, t) = \sqrt{n(\mathbf{r}, t)}e^{i\phi(\mathbf{r}, t)}$

velocity $\mathbf{v}(\mathbf{r}, t) = (\hbar/m)\nabla\phi(\mathbf{r}, t)$, density $\rho(\mathbf{r}, t) = mn(\mathbf{r}, t)$

$$\frac{\partial\rho}{\partial t} + \nabla \cdot (\rho\mathbf{v}) = 0 \quad (\text{continuity eq.})$$

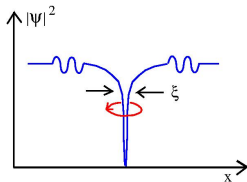
$$\rho \left(\frac{\partial v_j}{\partial t} + v_k \frac{\partial v_j}{\partial x_k} \right) = -\frac{\partial p}{\partial x_j} + \frac{\partial Q_{jk}}{\partial x_k} \quad j = 1, 2, 3 \text{ (quasi - Euler eq.)}$$

$$\text{Pressure } p = \frac{V_0}{2m^2}\rho^2, \quad \text{Quantum stress } Q_{jk} = \left(\frac{\hbar}{2m} \right)^2 \rho \frac{\partial^2 \ln \rho}{\partial x_j \partial x_k}$$

- At scales larger than $\xi = \hbar/\sqrt{m\mu}$ (\approx vortex core size)
the quantum stress is negligible and the GPE reduces to

$$\frac{\partial \mathbf{v}}{\partial t} + (\mathbf{v} \cdot \nabla)\mathbf{v} = -\frac{1}{\rho}\nabla p \quad (\text{Euler equation})$$

The Gross-Pitaevskii equation



The GPE describes:

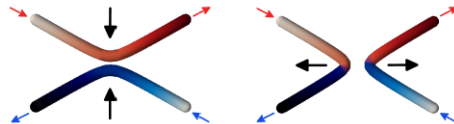
- waves
- vortex lines

and (via the quantum stress) effects which go beyond Euler:

- vortex nucleation
- vortex reconnections



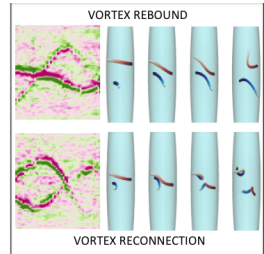
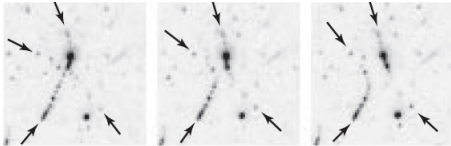
Winiecki & Adams 2000



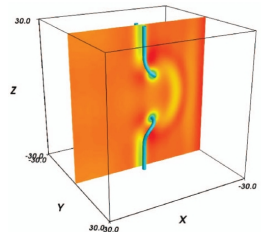
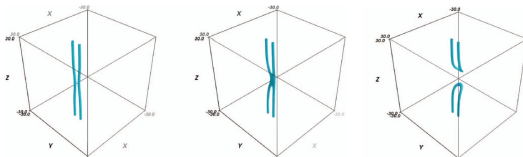
Galantucci & al 2018

Vortex reconnections

Reconnections have been observed in liquid helium (Paoletti & al, PNAS 2008) and in atomic BECs (Serafini & al, PRX 2017)



Reconnection \Rightarrow acoustic kin. energy losses
(Leadbeater & al 2001, Zuccher & al 2012)



The vortex filament model (VFM)

- At length scales $\gg \xi$, a vortex line is a 3D space curve $\mathbf{s}(\zeta, t)$ which obeys

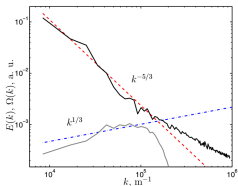
$$\frac{d\mathbf{s}}{dt} = \mathbf{v}(\mathbf{s}) + \alpha \mathbf{s}' \times [\mathbf{v}_n(\mathbf{s}) - \mathbf{v}(\mathbf{s})]$$

- ζ = arc length
- $\mathbf{s}' = d\mathbf{s}/d\zeta$ (unit tangent)
- α = temp. dep. friction coeff
- \mathbf{v}_n = normal fluid velocity

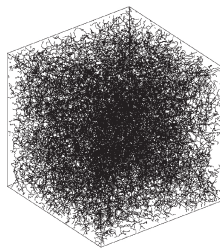
$$\text{Biot - Savart law : } \mathbf{v}(\mathbf{s}) = -\frac{\kappa}{4\pi} \oint_{\mathcal{T}} \frac{(\mathbf{s} - \mathbf{r})}{|\mathbf{s} - \mathbf{r}|^3} \times d\mathbf{r}$$

- In the VFM, vortex reconnections are done algorithmically

Quantum turbulence: numerics



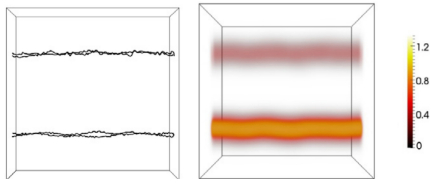
Where does the $E_k \sim k^{-5/3}$ spectrum come from ?



What happens inside a tangle of vortex lines ?

Coarse-grain vortex lines over the intervortex distance ℓ :

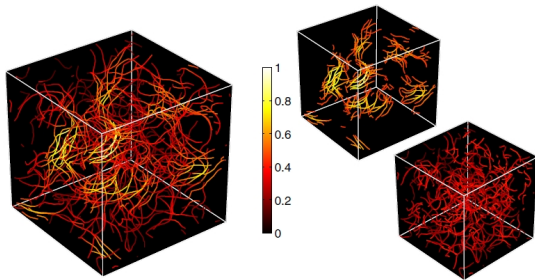
$$\omega(\mathbf{r}, t) = \kappa \sum_{j=1}^N \frac{\mathbf{s}'_j \Delta\zeta}{(2\pi\sigma^2)^{3/2}} e^{-|\mathbf{s}_j - \mathbf{r}|^2 / 2\sigma^2}$$



Baggaley, CFB, Shukurov, Sergeev, EPL 2012

Quantum turbulence: numerics

Kolmogorov energy spectrum arises from polarized vortex bundles

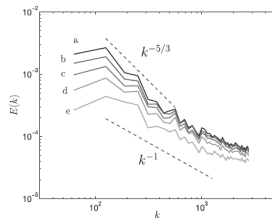


Left: All vortex lines

Right: Polarized lines (yellow),
Unpolarized lines (red)

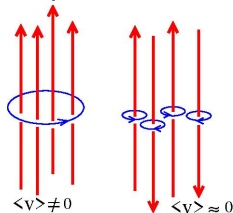
- Classical at scales $\gg \ell$

Baggaley, Laurie & CFB (PRL 2012)



All and Pol. $E_k \sim k^{-5/3}$

Unpol. $E_k \sim k^{-1}$

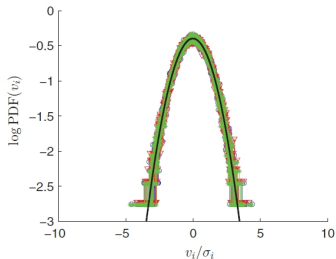
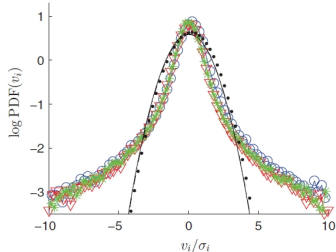


Statistics of velocity components

- Classical turbulence: Gaussian (Vincent & Meneguzzi 1991)
- Quantum turbulence: power-laws
(exp. by Paoletti & al PRL 2008, sim. by White & al PRL 2010)
- Cross-over (sim. by Baggaley & CFB, PRE 2011):
(Δ = measurement region, ℓ = average inter-vortex distance)

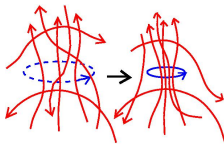
For $\Delta < \ell$ (left): power-laws

For $\Delta > \ell$ (right): Gaussians

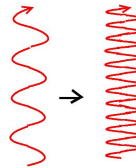


Cross-over confirmed by exp. of La Mantia & Skrbek, EPL 2014

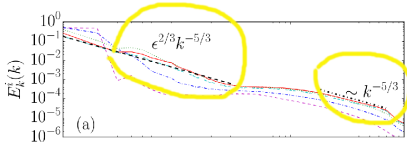
Turbulence in the $T \rightarrow 0$ limit



Kolmogorov cascade



Kelvin wave cascade



Leoni & al PRA 2017

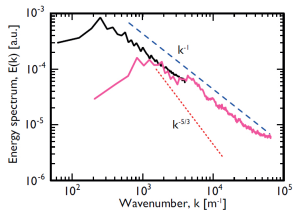
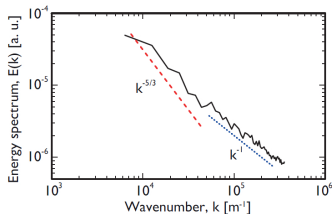
- E injected at large scale
 - Kolmogorov cascade of eddies
 - bottleneck
 - Kelvin cascade of waves on individual vortices
 - E becomes sound (phonons)
- Kelvin wave cascade: spectrum controversy solved by Krstulovic (PRE 2012)

A different quantum turbulence: Vinen turbulence

Another form of turbulence, called **Vinen turbulence**, has also been observed in:

- ^4He experiment (Walmsley & Golov, PRL 2008)
- ^3He experiments (Bradley & al, PRL 2006)
- simulations of Walmsley & Golov's experiment (Baggaley, CFB & Sergeev, PRB 2012)
- simulations of counterflow (T1) turbulence in ^4He (Baggaley, Sherwin, CFB & Sergeev, PRB 2012)
- simulations of thermal quench of a Bose gas (Stagg, Parker & CFB, PRA 2016)
- simulations of turbulence in atomic gases (Cidrim, CFB & Bagnato, PRA 2017)
- simulations of dark matter (Mocz & al, MNRAS 2017)

Vinen vs Kolmogorov



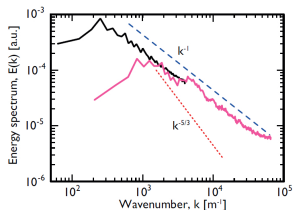
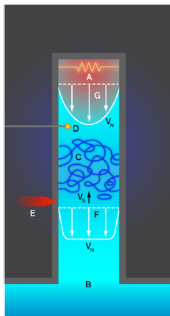
- **Kolmogorov:** $E(k)$ peaks at low k , $E(k) \sim k^{-5/3}$ for $k < 2\pi/\ell$, coherent structures, $L \sim t^{-3/2}$, $E_{kin} \sim t^{-2}$
- **Vinen:** $E(k)$ peaks at intermediate k , $E(k) \sim k^{-1}$ at larger k , $L \sim t^{-1}$, $E_{kin} \sim t^{-1}$, velocity correlation decays rapidly with r

Interpretation of Vinen turbulence:

turbulence without a cascade, random-like flow
(CFB, Sergeev & Baggaley, Sci Rep 2016)

Vinen turbulence in thermal counterflow

Normal fluid and superfluid driven in opposite direction by a small applied heat flux (T1 state)

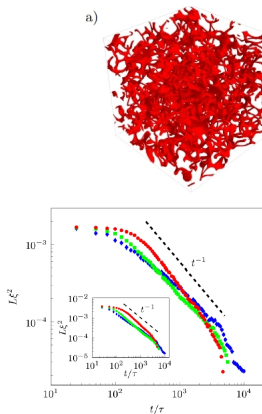
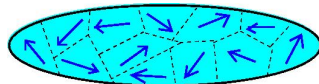


If normal fluid is uniform
 $E(k)$ peaks at intermediate k
Vinen turbulence
(Baggaley & al PRB 2012)

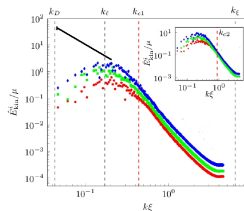
- At larger heat flux (T2 state) **both normal fluid and superfluid become turbulent** (Babuín & al PRB 2016)
- Visualization: La Mantia, Skrbek & al (PRB 2016);
Guo, Vinen & al (PRB 2017)

Vinen turbulence in a thermal quench (Kibble-Zurek)

Stagg, Parker & CFB, PRA 2016

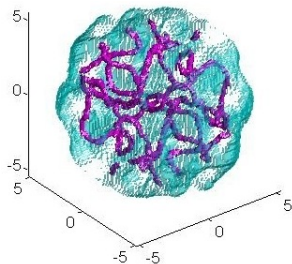


Decay



Energy spectrum

Vinen turbulence in atomic BEC



(White & al, PRL 2010)

D = system size

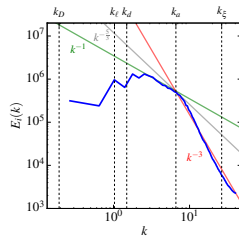
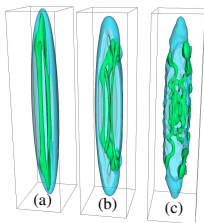
ℓ = average intervortex distance

ξ = vortex core radius

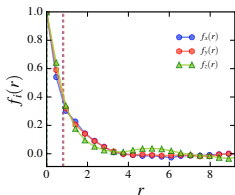
- In superfluid helium $D/\xi \approx 10^{10}$ and $D/\ell \approx 10^5$
- In atomic BECS $D/\xi \approx 100$ and $D/\ell \approx 10$
(not much k-space available)

Vinen turbulence in atomic BEC

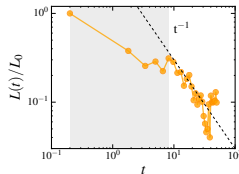
Cidrim, Allen, White, Bagnato & CFB, PRA 2017



Energy spectrum



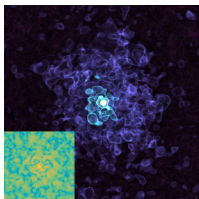
Correlation



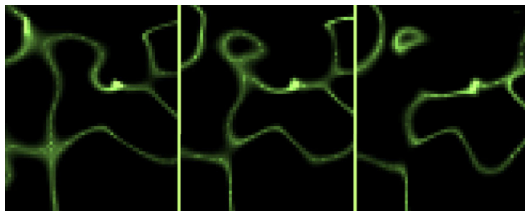
Decay

Vinen turbulence in dark matter

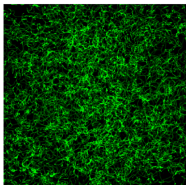
Dark matter BEC of axions in galactic halos modelled by the self-gravitating GPE (Mocz & al MNRAS 2017)



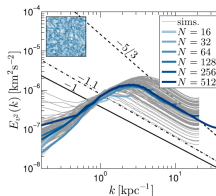
Density



Vortex reconnection



Vortex tangle



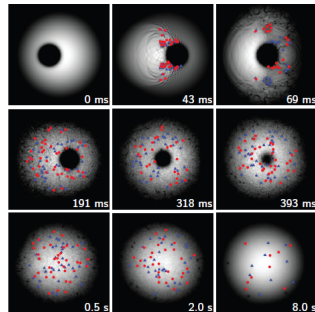
Energy spectrum

2D Quantum Turbulence

Two-dimensional turbulence: **negative absolute temperature**
(Onsager vortex gas, reverse energy cascade, Red Spot effect...)



Jupiter's Red Spot (NASA)



2D vortices
created by a laser spoon

Kwon et al (Phys Rev A 2014)
Stagg et al (J. Phys Rev A 2015)

There seem to be **three kinds** of quantum turbulence:

- Kolmogorov-like turbulence
 - $T \neq 0$: normal fluid and superfluid are stirred together
 - $T = 0$: pure superfluid tangle (skeleton of classical turbulence)
Kolmogorov+Kelvin (K & K) cascades
- Vinen turbulence = turbulence without a cascade
- Double turbulence of coupled normal fluid and superfluid
in thermal counterflow at high heat flux
(like turbulent velocity and magnetic fields of VKS dynamo)

